



TUCKSHOP HOURS:

Recess 11.00 - 11.20
Lunchtime 1.40 - 2.00

Manager: Amy Xu ☎ 9315 0799
Assistant: Catherine Thorneycroft

The school canteen aims to provide the Students & Staff of St Mary's with a variety of food to satisfy their needs for adequate nutrition during the day. We ask parents to support our attempts to improve the variety and nutrient content of the food offered to students by supervising their child's choice of food to ensure that a balanced selection is made. To help with this selection the canteen offers a variety of hot food, Sushi and sandwiches. (Items may be added or deleted depending on demand).

IMPORTANT NOTES:

Due to health regulations, the school is unable to reheat any food not supplied by the Tuckshop.

Lollies are not sold at our Tuckshop

Lunch orders must be written on a plain paper bag, clearly stating the child's name, class and the items required. If a bag is not supplied, an **additional charge of 20 cents must** be added to cover this cost.

ST. MARYS TUCKSHOP

MENU 2021

☺ **EVERYDAY / HEALTHY CHOICE**

☺ **SELECT CAREFULLY**

AVAILABLE AT RECESS:

☺☺
A variety of snacks available 50c - 1.50

DRINKS

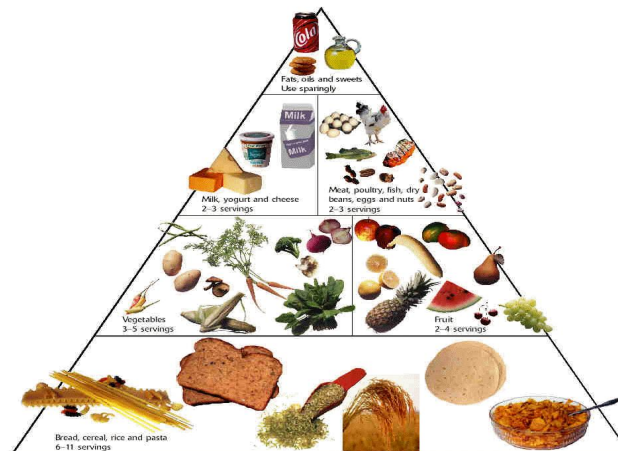
☺ Bottled plain water 1.50
☺ Big M - Choc 2.00
☺ Big M - Strawberry 2.00
☺ Juice - Apple/Blackcurrant 2.00

FROZEN SNACKS

☺ Icy Poles/Ice Creams 1.00 - 2.00

Please Note:

Lunch orders received at the Tuckshop later than Recess will not be filled. Your child will instead be given crackers and vegemite for their lunch.



AVAILABLE AT LUNCHTIME:

SANDWICH OR ROLL

☺ Vegemite 2.00
☺ Vegemite and Cheese 2.50
☺ Salad 4.00
☺ Egg, Mayo & Lettuce 4.00
☺ Ham & salad 4.50
☺ Tuna & Salad 4.50
☺ Turkey Breast & Salad 4.50

SUSHI

☺ Choose from: Tuna/Avocado, California or Crispy Chicken rolls 3.00

NOTE:

As this is a fresh product, it must be ordered a day ahead. It will be available for Lunch on **WEDNESDAYS** and **FRIDAYS**. A lunch order bag, clearly marked SUSHI and containing the correct money must be placed in the class Lunch Order Tub by 9am on Tuesday for Wednesday Lunch and Thursday 9am for Friday Lunch.

NO LATE ORDERS CAN BE ACCEPTED

AVAILABLE AT LUNCHTIME:

HOT FOOD

☺ Pizza - Margarita 4.00
☺ Chicken Burger 4.00
- in bun with salad & mayo, wholemeal roll or white roll (please specify)
☺ Spaghetti Bolognese 4.00
☺ Lasagne 4.00
☺ Hot Dog (Reduced Fat) in a roll 4.00
☺ Sausage Roll (lite) 3.50
☺ Party Pie (lite) 1.00
☺ Chicken Nugget each 80c
☺ Tomato Sauce 20c

