

AWARE PREPARED EMPOWERED

Women's, teens and
gender equal Self
defence workshop

thURSDAY 6TH MAY 6:45-8:45PM

Our 2 hour intense workshop
will teach YOU where and how
to strike back. Our realistic
approach to personal self
defence and awareness is
simple, effective and to the
point.

\$50 PP.

PLACES LIMITED BOOK NOW!

JEONGSINTAEKWONDO.COM.AU

