

St. Mary's School, Altona

Newsletter 2019

95A Railway Street North, Altona 3018

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No. 13 10th May, 2019

Dear Parents

MOTHER'S DAY:

A very sincere Thank you to Stacey Rocco, Jen Natale & Margaret Licciardello and their band of helpers for organising such a successful Mother's Day Stall for all our students today. A reminder that our annual School & Parish Mass for Mother's Day will be held this Sunday 12th May at 10.30 am. All school families are invited and encouraged to join us at this celebration.

NAPLAN

Children in Years 3 & 5 will sit the NAPLAN tests next Tues 14th, Wed 15th & Thurs 16th May. While this is only a brief, one off snapshot of your child's progress, the results of the tests provide information for parents and teachers about a child's performance in Literacy and Numeracy. Unfortunately we don't receive the results until later in the year when in lots of cases, if not all, the children have moved on. The report will describe your child's particular skills in reading, writing, language conventions and numeracy.

The report will also show how your child performed in relation to the national benchmark standards for students across Australia.

Go to our website to read an article about titled, "Helping students get ready for NAPLAN tests". An Information booklet went home with the children in Years Three & Five today.

MASTERPLAN CONSULTATION:

Thank you to those parents that have already attended one of the Consultation meetings and/or emailed their thoughts and suggestions to Fr Michael and cc me.

Fr Michael has asked me to let you know that the remaining meetings **MIGHT have to be postponed due to circumstances beyond Fr Michael's control.**



DISTRICT CROSS COUNTRY

This week 19 students from grades 3-6 represented our school at the District Cross Country Carnival involving 12 other schools. Students aged 9/10 ran 2km and 11/12 year olds ran 3km.

Captains this year were Isabella Mitchell & Samuel M – Congratulations and well done! Well done to the following students who represented our school:

Jonathan A, Luca D, Zoe N, Xavier R, Anika M, Isabella M, Daniel C, Aidan K, Oscar D, Aidan L, Anna A, Keiana C, Samuel M, Sebastian M, Katie M, Jacob B, Jordan F, Keely W, Isabella M, Stella L, Dhriti A, Dominic C, Tom E, Caitlyn G, Shannon W & Bryanna W.

TOP 10 PLACES:

9/10 Boys: Xavier R – 2nd, Luca D – 3rd

11 Year old Boys: Oscar D – 2nd, Jordan - 3rd

11 Year old Girls: Keely W - 1st

12 year old Boys: Sebastian – 4th, Samuel M – 7th

12 year old Girls: Shannon W – 2nd, Anna Adani 3rd

"HAPPY MOTHERS' DAY TO ALL THE MOTHERS IN OUR SCHOOL COMMUNITY"

David Kelly
Principal

2019 Sacrament Dates

Reconciliation

Reconciliation Workshop with Maria Forde is on 29th May commencing at 7.00 pm. in the school hall.

The Sacrament of Reconciliation is by appointment with Archpriest Michael Kalka.

These are made directly through the parish office who are now taking bookings and allocating dates.

Special Dates

12 May Mother's Day Mass 10:30 am Mary Help of Christians Church, Altona

14 May Feast of St Matthias, Apostle

15 May International Day of Families

16 May Year 1/2T class Mass

24 May Mary Help of Christians Feast Day

Eucharist

**Eucharist: – Family Workshop: Wednesday 17th July. School Hall: 5 pm OR 7 pm
Facilitated by Michelle Linossier**

Eucharist: – Shared meal: Tuesday 6th August. School Hall: 6:00 pm - 7:30 pm

**Eucharist: -
Saturday, 10th August, 6 pm
Saturday, 17th August, 6 pm**

This weekend's Gospel



The Good Shepherd

John 10: 27–30

I give my sheep eternal life.

Mother's Day Invitation:



A special invitation for all St. Mary's families to attend our Parish celebration of Mother's Day on Sunday 12th May at 10:30 am. A wonderful way to start the day and say thank you to all our Mums/ Grandmas/Aunties etc and to remember and pray for all Mothers who may be sick or who have gone before us to rest in God's care. So please join us in gathering together as a parish community to say thank you to those wonderful women in our lives.

Weekly Class Masses

We look forward to the 1/2T class leading the parish in prayer at the celebration of the Mass on THURSDAY the 16th of May at 9:15 am.



Then on Friday 31st May, Year 1/2D will lead the celebration of the Mass at 9:15 am.

Year 3/4M will lead our next prayer assembly of 2019 on Monday the 3rd of June at 2:20 pm in the church.

We welcome you warmly to all of these events and would love to see you there.

A Mothers' Day Prayer

Thank you, Creator God, for your special gift of mothers;
for the example of your unconditional love they share with their children.
Lord, today we pray you will protect and guide mothers everywhere;
that you will grant them your wisdom in loving and teaching their children.
Thank you for the mothers who played with us, taught us, nurtured us, fed us, listened to us
and tried to understand us.
Today we honour, celebrate and reflect on the women who gave us birth, or adopted us into
their heart. We thank you Lord, for life, and for all Mums! Amen.



Congratulations to Ethan, Sophie and Shannon, our April Aussie of the Month students. [Click here](#) to see their smiling faces and to read about why they are so wonderful.



WE'RE TAKING IT IN OUR STRIDE ON WALK SAFELY TO SCHOOL DAY FRIDAY 17 MAY 2019

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 17 May 2019!

Our Walking School Buses will run. Please complete the Care Monkey note if you will be joining in.



PRINCIPALS AWARDS WEEK BEGINNING 6th May 2019

PREP D	Khai-Phi T for his excellent effort with reading Ed M for being a very helpful member of Prep D
PREP L	David N for working hard to hear sounds when writing Meagan N for always being a helpful member of our class
YEAR 1/2D	Louis N for working well in all subjects across the day Lachlan M for the enthusiastic attitude he applies to his work
YEAR 1/2G	Elliot C for being a kind and hard working class member Rafael D for trying his best and having a go at all tasks
YEAR 1/2S	Miller D for working so well on all tasks Roland H for his great contributions to class discussions
YEAR 1/2T	Georgia M for always displaying a positive outlook and attitude in the classroom Anthony M for making good choices in class and committing himself to completing his work
YEAR 3/4HT	Maddison B for her careful dedication to all her learning Kade F for his great photography work at our Wild Action incursion
YEAR 3/4K	Mark M for displaying an enthusiastic attitude to his learning Jonathan A for sharing his knowledge during our Wild Action incursion
YEAR 3/4M	Ethan A for his excellent team work and participation in the LEGO challenge Oscar T for his fantastic attitude and insightful contributions in Reading activities
YEAR 5/6C	Rachel C for her increasing confidence in Maths and helping others to succeed Thomas P for being a responsible worker who always strives to complete his best work
YEAR 5/6H	Leon B for his increasing confidence in writing, reworking, editing and publishing narratives Isabella A for her enthusiastic approach to learning about equivalent fractions and ordering fractions on number lines
YEAR 5/6T	Eliza P for her dedication to her studies and for showing a willingness to participate in all areas of school life Joshua M for his positive attitude to schooling and his polite and friendly classroom manner



ST. MARY'S CHOIR NEWS

St Mary's School Choir has been invited to lead the singing on Sunday, 12th May for our parish Mother's Day Mass at 10.30am.

A note was sent home via CareMonkey to the choir members to confirm their attendance. Thank you to members who have already responded. It is wonderful to see so many families supporting their Child's commitment to St. Mary's School Choir. I ask that all members be there 15 mins prior to the start of the mass. See you all on Mother's Day!!

Mrs. Angela Hamilton
Performing Arts Specialist

TUCKSHOP HELPERS – Week Beginning 13th May 2019

Monday:

Tuesday:

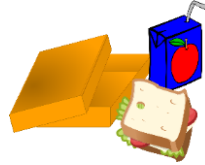
Wednesday:

Thursday:

Friday: **Paula Luppino**

Manager: Amy Xu

Tel: 9315 0799



The uniform shop is looking for volunteers. If you are available Mondays between 8.30 – 9.00 am and Wednesdays 2.30 – 3.00 pm please contact the school office. No experience required.



St Paul's Campus
423 Blackshaws Rd
Altona North
Ph: 8325 5100
www.ecmelb.catholic.edu.au



Notre Dame Campus
2-40 Foxwood Drive
Point Cook
Ph: 8325 5100
www.ecmelb.catholic.edu.au

A poster for Vocal Lessons by Rachel Jane Vocal. The poster is decorated with various musical notes and symbols. The text on the poster reads: "Vocal Lessons", "Rachel Jane Vocal", "*MOBILE VOCAL LESSONS*", "\$30 / 30mins", "\$45 / 1hr", "(\$10 Travel free for destinations over 20km from Essendon Train Station 3040)", "*IN HOUSE LESSONS*", "\$30 / 30 mins", "\$45 / 1hr", "FREE TRIAL LESSON", "Contact us", "Phone: 0423568160", "OR", "Email: rachdeb9@gmail.com", and "Rachel Jane Vocal" with a microphone icon.

The CARE Program



Rationale

At Camp Australia we understand that all children are unique and require at times a personalised approach to supporting their wellbeing and extending their learning. We have researched current trends and exemplar programs to support all children in our services with additional needs and believe our CARE Program is ground breaking in its approach.

The CARE program

At Camp Australia, The CARE Program is an evidence-based approach to supporting children with additional needs into the OSHC program.

The CARE Program is underpinned by the following Principles:

- Collaborative:** we work together sharing responsibilities to help children with additional needs
- Adaptive:** we create specialised programs/plans that support our families and children
- RESOLVE:** we provide research-based methodology to support children's behaviour
- Early Intervention:** we do things as early as possible to support a child's development, health and physical needs

The Resilient Mindset

The Resilient Mindset – The RESOLVE Method is a combination of 4 key themes:

- The Resilient Mindset:** To give Educators a way to understand emotional regulation and dysregulation and how it links to behaviours at the service
- Understanding Brains:** To give Educators an understanding of their brains and how they function in a fun and memorable way.
- THE CPR Approach to Relationships:** Connect, Protect and Respect: To think about how to create relationships that allow children to be in the Resilient Mindset using the Connect, Protect and Respect (CPR) Model.
- The RESOLVE Method: Anger and De-escalation:** For all Educators to have a strategy for de-escalating and re-regulating children who are either angry or acting in an aggressive manner.

Autism Training



Resilient Mindset



Personalised Training

Camp Australia has taken a personalised approach to training provided within the CARE Program.

Our in-house training courses are based on current research and provide our Educators with the skills, knowledge and expertise to support each child's individual needs.

These training courses include:

- The Resilient Mindset
- Autism Training

To support our Educators with specialised training we have partnered with Premium Health who is one of Australia's leading Health Care training organisations. Premium Health will provide expertise led by a team of leading health practitioners to work collaboratively with Camp Australia.

Safety • Meaningful • Innovative • Leadership • Education
1300 665 257 www.campaustalia.com.au

