

Today we gather together to show that we are TAKING A STAND AGAINST BULLYING AND VIOLENCE On this NATIONAL DAY OF ACTION!

We would like everyone here today to spread the word **every day** that **bullying is not okay**, that **treating people in a negative way is not okay**.

We want you to take care of others, to treat each other well and to spread happiness and kindness in our school community. **This year's theme is KINDNESS CULTURE – it starts with you.**

BEING KIND means

- Giving a Smile to your friends and family,
- Saying a friendly hello,
- Including people in our games
- Speaking to others in a good tone of voice,
- Saying sorry if you hurt someone.

We have some strategies that might help if you or someone else is being bullied...

If you are being bullied remember to say....

"STOP.....I don't like it" and tell the person what they are doing that you don't like.

"Stop calling me names. I don't like it."

"Stop touching my work. I don't like it."

"Stop saying rude things to me. I don't like it."

If this doesn't work, then make sure you tell a teacher.

Each class signed our bullying pledge and wrote a message about being KIND. We now ask for the Junior School Council representatives to come up and read their ideas about being kind.

Can everyone else please listen carefully?

Thanks everyone, we love your ideas. We will display the messages on the board outside the staffroom and around the school with your Bullying Pledges for everyone to read later.

Today we will say our school's Anti Bullying Promise altogether. Stop and think about your promise next time you are thinking of doing something hurtful to others.

Please repeat after us...

***I *promise* / that I will do my best / to make our school “Bully Free”.**

***I *promise* / that I will do something helpful / if I see anyone being bullied / or I am being bullied.**

Thank you to everyone – students, parents and staff – who joined in our activities this week by ...

- wearing a splash of orange and coming to this assembly
- Writing your messages about KINDNESS – which will now be displayed on the notice board outside the staffroom and around the school with your Bullying pledges, as a reminder to help St Mary’s to be a Bully Free school.

Our noticeboard outside the staffroom is a reminder for you to spread the word **every day** that **bullying is not okay but a CULTURE OF KINDNESS is the way to go....**please make sure you take a look at it.

Thank You for listening,
We will now eat lunch here together.

Friday 18th March

Assembly: 1.15 pm: Outside the Hall on the synthetic grass

JSC Reps will read their messages about Kindness.

All other children's Kindness messages should be given to Andy & Judah at the assembly.

Some of the messages will be displayed on the Orange Board outside the staffroom , others will be displayed in corridors and other places around the school.

Children should bring lunch but not eat until requested to do so.

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