



## ST. MARY'S SCHOOL, ALTONA

### ASTHMA POLICY

#### AIMS:

To increase awareness and understanding of asthma and to actively support the whole school community in the effective management of asthma.

#### IMPLEMENTATION:

- The school will follow the Revised Victorian Schools Asthma Policy. We are a Certified Asthma Friendly School.
- All students with asthma must have an up to date (annual) written Asthma Management Plan consistent with The Asthma Foundation requirements. Parents are reminded to update and upload plans to Care Monkey as required.
- The following types of Asthma Action Plans are available:
  - For use with a Puffer and Spacer
  - For use with a Puffer
  - For use with a Bricanyl Turbuhaler
  - For use with a Symbicort Rapihaler
  - For use with a Symbicort Turbuhaler
- Students without an Asthma Plan will be treated in accordance to Victorian Asthma Guidelines for Emergency Asthma Management – Displayed in First Aid Room.
- Students Asthma Plans will be kept in a Medical Records folder kept in the First Aid Room.
- Students with severe asthma and severe allergies will be displayed in the First Aid Room Notice Board.
- Asthma First Aid Posters will be displayed in central locations around the school.
- Teachers will be provided with a copy of each students' asthma care plan to display in their classroom.
- Asthma medications are readily available for students with asthma.
- Individual children are expected to have their own spacer which is stored in a labelled box in the First Aid room. The school has disposable spacers and Reliever medication available in the First Aid room.
- School Reliever Puffers are regularly checked by the school administration to check they are in date.

- First Aid kits on camps and excursions will contain Reliever medication and disposable spacers.
- A plan is in place for managing asthma during school sporting activities, excursions or camps.
- Students attending 'Camps' will be required to complete a School Camp Asthma Management Plan. (Asthma Victoria)
- Professional Development will be provided for staff on Asthma education and updated appropriately.
- School will endeavour to minimise potential asthma triggers within the school environment. An extreme weather policy could be enacted if conditions demand.

### **Policy Review**

This Policy will be reviewed every two years to take account of any changed legislation, expectations or practices.

This policy was last ratified by St. Mary's staff in **JULY 2018**.