TUCKSHOP HOURS:
Playtime 11.00 - 11.20
Lunch time 1.40 – 2.00

Manager: Eva Coppola  9315 0799

The school canteen aims to provide the Students & Staff of St Mary’s with a variety of food to satisfy their needs for adequate nutrition during the day. We ask parents to support our attempts to improve the variety and nutrient content of the food offered to students by supervising their child’s choice of food to ensure that a balanced selection is made. To help with this selection the canteen offers a variety of hot food, sandwiches, and seasonal fruit. (Items may be added or deleted depending on demand).

ST MARYS TUCKSHOP
MENU 2013

😊 EVERYDAY/HEALTHY CHOICE
😊 SELECT CAREFULLY

AVAILABLE AT RECESS:
😊 A variety of snacks available 50c - 1.50

DRINKS
💦 Bottled plain water  1.50
💦 Big M Choc or Strawberry  2.00
💦 Berri Juices Multi V, Orange or Apple  2.00
💦 Play Sports Water - Blackcurrant & Raspberry  2.00

FROZEN SNACKS
💦 Icy Poles/Ice Creams  90c - 2.00

Please Note:
Lunch orders received at the Tuckshop later than Recess will not be filled. Your child will instead be given crackers and vegemite for their lunch.

AVAILABLE AT LUNCHTIME:

**SANDWICHES**
- Salad  3.50
- Egg, Mayo & Lettuce  3.50
- Ham & salad  4.00
- Tuna & Salad  4.00
- Turkey Breast & Salad  4.00

**HOT FOOD**
- Pizza – Margarita  3.50
- Chicken Burger  3.50
- in bun with salad & mayo
- Flame Grilled Hamburger - in a bun with salad  3.50
- Sweet Chilli Chicken Tenders - in a wrap with salad & mayo  3.50
- Hot Dog (Reduced Fat) in a roll  3.50
- Sausage Roll  2.50
- Party Pie  1.00
- Chicken Nugget  .70
- Dim Sim  .80

**EXTRAS**
- Tomato Sauce  .20
- Cheese Slice  .20

Paper bag for lunch orders .20

IMPORTANT NOTES:

Due to health regulations, the school is unable to reheat any food not supplied by the Tuckshop.

Lollies are not sold at our Tuckshop

Lunch orders must be written on a plain paper bag, clearly stating the child’s name, class and the items required. If a bag is not supplied, an additional charge of 20 cents must be added to cover this cost.